PSHE/RSE St Michael's Cycle A

Buttercups (Reception)		
Autumn 1	Being me in my world	Ages 4-5
Autumn 2	Celebrating Difference	Ages 4-5
Spring 1	Dreams and Goals	Ages 4-5
Spring 2	Healthy Me	Ages 4-5
Summer 1	Relationships	Ages 4-5
Summer 2	Changing Me	Ages 4-5

Bluebells (Year 1 and Year 2)		
Autumn 1	Being me in my world	Ages 5-6
Autumn 2	Being me in my world	Ages 6-7
Spring 1	Celebrating Difference	Ages 5-6
Spring 2	Celebrating Difference	Ages 6-7
Summer 1	Dreams and Goals	Ages 5-6
Summer 2	Dreams and Goals	Ages 6-7

Roses (Year 3 and Year 4)		
Autumn 1	Being me in my world	Ages 7-8
Autumn 2	Being me in my world	Ages 8-9
Spring 1	Celebrating Difference	Ages 7-8
Spring 2	Celebrating Difference	Ages 8-9
Summer 1	Dreams and Goals	Ages 7-8
Summer 2	Dreams and Goals	Ages 8-9

Sunflowers (Year 5 and Year 6)		
Autumn 1	Being me in my world	Ages 9-10
Autumn 2	Being me in my world	Ages 10-11
Spring 1	Celebrating Difference	Ages 9-10
Spring 2	Celebrating Difference	Ages 10-11
Summer 1	Dreams and Goals	Ages 9-10
Summer 2	Changing Me	Ages 9-10
Age groups to be taught separately for this half term.		Ages 10-11

PSHE/RSE St Michael's Cycle B

Buttercups (reception and year 1)		
Autumn 1	Healthy Me	Ages 4-5
Autumn 2	Healthy Me	Ages 5-6
Spring 1	Relationships	Ages 4-5
Spring 2	Relationships	Ages 5-6
Summer 1	Changing Me	Ages 4-5
Summer 2	Changing Me	Ages 5-6

Bluebells (year 2 and year 3)		
Autumn 1	Healthy Me	Ages 6-7
Autumn 2	Healthy Me	Ages 7-8
Spring 1	Relationships	Ages 6-7
Spring 2	Relationships	Ages 7-8
Summer 1	Changing Me	Ages 6-7
Summer 2	Changing Me	Ages 7-8

Roses (Year 4)		
Autumn 1	Healthy Me	Ages 7-8
Autumn 2	Healthy Me	Ages 8-9
Spring 1	Relationships	Ages 7-8
Spring 2	Relationships	Ages 8-9
Summer 1	Changing Me	Ages 7-8
Summer 2	Changing Me	Ages 8-9

Sunflowers (year 5 and year 6)		
Autumn 1	Healthy Me	Ages 9-10
Autumn 2	Healthy Me	Ages 10-11
Spring 1	Relationships	Ages 9-10
Spring 2	Relationships	Ages 10-11
Summer 1	Dreams and Goals	Ages 10-11
Summer 2 Age groups to be taught separately for this half term.	Changing Me	Ages 9-10 Ages 10-11